

# Camping Information Sheet 2017

The following is a checklist of items your child must have packed in order to go on our camping trip this summer. They will be sleeping on a cot that has a mattress so only a sleeping bag and pillow is required (no blankets)

**\*\*Please bring in all equipment listed below on Monday July 24, 2017; this enables the staff to help ensure the children know what they have.**

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## Clothing

- 2 pants
- 2 shorts
- 5 socks
- 4 underwear
- 3 tee shirts
- 1 sweatshirt
- 1 pair warm pj's
- A waterproof coat
- A warm coat

- Sun/baseball cap
- Bathing suit
- Towel
- Sandals
- Running shoes

## Toiletries

- Toothbrush
- Toothpaste
- Bug spray
- Sunscreen

## Utensils & Other

- Spoon & Fork
- Plate
- Bowl
- Mug/ Cup
- Flashlight
- Sleeping bag & Pillow

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## Suggested Extra Items

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> 1 long sleeve shirt  | <input type="checkbox"/> Shampoo        | <input type="checkbox"/> Gaming Device(not a cell phone) |
| <input type="checkbox"/> 1 extra warm sweater | <input type="checkbox"/> Conditioner    | <input type="checkbox"/> Extra Blanket                   |
| <input type="checkbox"/> Toque/Mittens        | <input type="checkbox"/> Body Wash/Soap | <input type="checkbox"/> Plastic bags                    |
| <input type="checkbox"/> Hand sanitizer       | <input type="checkbox"/> Water Bottle   |  |
| <input type="checkbox"/> Deodorant            | <input type="checkbox"/> Book           |  |

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## NOTES:

- ❖ Label EVERYTHING! Kids share sleeping spaces and things get mixed up.
- ❖ Garbage bags are not to be used for clothing
- ❖ Things that have an odor and kitchen supplies are to be packed in a separate bag to be hung in the cookhouse.
- ❖ Pocketknives and Cell phones are not permitted on camping trips.
  - This includes using a cell phone for music, taking pictures or gaming
  - Both items will be confiscated by a staff member immediately and returned when we arrive back to Calgary.

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## Camping Menu

- Items served for breakfast will include: pancakes, cereal, yogurt & granola
- Items served for lunch and dinner will include: hot dogs, hamburgers, pasta, grilled cheese and/or sandwiches, sloppy joes and/or chili
- Snacks will include: fruit, veggies & dip, cookies, brownies, marshmallows, s'mores & banana boats
- Children will be offered water throughout the day; juice during meals and hot chocolate at night.

If you have any issues with the above menu or allergies please alert a staff member immediately.